

CERTIFICATE OF PARTICIPATION

This is to certify that

Helen Jervis

Has successfully participated & completed the

5km TRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

TIME 00:45:34

PACE 09:06/km

GENDER 14 of 51

OVERALL 21 of 75

OPEN 9 of 25

29 December 2018, Sat

Date



BoutTime

Signature

